

Schüssler Express

#19



Potassium chloride – an important remedy for colds

The mineral for the mucous membranes possesses many other healing qualities

Potassium chloride is predominantly a mineral for the mucous membranes, thus it finds application for irritations and inflammations of the mucous membrane of the uterus, kidneys, stomach, intestine, mouth, nose, throat, oesophagus as well as the urinary bladder. All hollow organs are equipped with a protective mucous membrane. Even the conjunctiva of the eye consists of mucosa.

In the event of illnesses our body requires the biochemic remedy No. 4 Potassium chloride 6X as structural-, and repair remedy. Potassium chloride is related to the fibrous material, which means in the event of sticky, plastic (deformed) discharges (fibrous material) No. 4 Potassium chloride 6X is the required mineral. Potassium chloride dissolves these and assists the removal via the lymph vessels – the healing process is accelerated. Whitish, fibrinous deposits are also present in some skin rashes (looks like flour particles) – here No. 4 Potassium chloride 6X is also indicated.

For inflammations of skin and mucous membrane

Potassium chloride assists the following ailments:

- Inflammation and injuries of: skin and mucous membrane
- Coughs and sneezes (2nd phase of inflammation)
- Inflammations of: bladder, bronchi, intestine, stomach, oral mucosa, renal pelvis, throat, tonsils, ears and nose (thick cold)
- Inflammation of the eye
- Marginal blepharitis

- Arthritis
- Eustachian catarrh (Eustachian tube = link between middle ear and nasopharynx)
- Tendonitis
- Bursitis
- Rheumatic joint-, and muscle inflammations (after use of No. 3 Ferrum phosphate 12X)
- Contused wounds
- Sprains
- Cuts
- Soft warts
- Tendency to nasal polyps (*polyps form after frequent inflammation of the nasal mucosa*)

Indicator: Whitish secretion

If, in the event of inflammation, whitish secretion or whitish phlegm emerges from the nose, throat, or at the eye this is an indication for Potassium chloride.

Further afflictions that require Potassium chloride are:

- Acidification and acid-insufficiency of the stomach
- Kidney debility as a result of illnesses
- Menstrual disorders with thick, darkish blood
- Inflammatory oedema with redness (together with No. 3 Ferrum phosphate 12X)
- Couperose
- Cellulite – worthwhile in combination with No. 8 Sodium chloride 6X, No. 10 Sodium sulphate 6X and No. 17 Manganum sulfuricum 6X
- Burns (= 2nd stage of inflammation)

Günther H. Heepen

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press, but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au

www.biochemie-online.org

© Copyright



Schüssler Express

#19



Schüssler-Salts in short... The 12 remedies in verses

No matter if hard or too soft,
Take **No. 1** on the spot.

You want to walk upright again –
Without **No. 2** you will fail.

If a cold or inflammation is advancing,
No. 3 will surely instigate the dancing.

If the cold/inflammation has you in its grip,
No. 4 will lead you to the saving ship.

When nerves are raw and experiencing stress,
No. 5 assists. Thank goodness!

For the liver you should know,
No. 6 the remedy for the show;
And for pus at any time,
Keep **No. 6** handy and you'll be fine.

The **No. 7** famous and fantastic,
Very good for pain, tenseness and spastic.
Always remember when it cracks,
No. 8 will put you on the right tracks.

Being acidic is not nice and fair,
No. 9 prevents despair.

The **No. 10** and that's no secret,
Not only toxins are excreted.

As the salt for connective tissue
No. 11 is well known,
Also used for wrinkles –
For all beauty shown.

An opening is needed for **No. 12**
To be able to progress,
So the malady
Does not stop dead in its tracks.

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press, but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au
www.biochemie-online.org

© Copyright

