

# Schüssler Express

# 5



## Interesting notes from the Practice

### Transient Global Amnesia

We had a great story of transient global anaemia being successfully treated with KP – one of our class participants was in casualty and could remember nothing at all; they were investigating strokes and other things. And someone came and brought her Kali Phos to casualty. Within seconds of taking it she said, “I feel better now”, and remembered again. Up till that moment she had no recollections of anything from that episode.

Transient Global Amnesia is becoming more common and recognised in our high stress world. A program on TV regarding Transient Global Amnesia, included how a doctor didn't turn up for work and was eventually located in his car, parked on the side of the road wondering what he was doing there, with no memory of anything.

### Hereditary Haemochromatosis

There has been considerable reference of late regarding this particular issue, which as you can see was always considered genetic, but may no longer be the case... there are now a number of other recognised causes.

This is a condition where individuals show increased iron absorption and organ deposition. There are various types, including the HFE gene mutations,

which are relatively common in Northern European populations.

Iron excess can occur from as little as ten transfusions. It is a common problem in transfusion-dependent patients; for example, those with Thalassemia major, sickle cell disease and Myelodysplastic syndromes. Beta Thalassemia major patients may have the greatest iron overload because their iron absorption is also increased.

### Other causes of iron overload

- Liver disease
- **Excessive iron intake or supplementation**
- Porphyria cutanea tarda
- Aceruloplasminaemia (rare)

It is therefore recommended that under such circumstances it is advisable **NOT** to provide any Ferrum Phosphate supplementation, *though we are confident that the use of Ferrum Phosphate can neither cause nor exacerbate the issue, erring on the side of caution, until research is finalised, is viewed as the best approach.*

It should be noted however that in Blood-iron disorders, including conditions called “thalassemia” and “haemochromatosis” Vitamin C can increase iron absorption, which might make these conditions

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worse. Avoiding supplementation of large doses seems the practical approach.

While on the subject of Vitamin C it is worthy to note also that: Medications used for lowering cholesterol (Statins) interact with VITAMIN C (ASCORBIC ACID), and as a result may reduce the effectiveness of the Statin medication.

## Things Never Change (?)

*Extract of a letter received by Dr. Docetti Walker (MD) 1880 from Dr. E.H. (Edinburgh):*

I do not see how the new system can fail to gain headway. If it is thoroughly investigated by the Professors at the Universities, it must do so. But it is hard to overcome old prejudices, and to lift up those sunk into deep ruts. Yet for the sake of suffering humanity these barriers ought to be laid aside when a new method of scientific treatment appeals so strongly to all who are engaged in so noble a purpose as healing the sick.

## Dr. Docetti Walker (Methilde) - "Metta"

Dr. Docetti Walker was one of the first women to graduate from the University of Heidelberg (Germany) with a degree in medicine in the mid-19<sup>th</sup> Century. She is recognised as the official translator of Schüssler's works – 'A shortcut Therapy'. Married to a Scottish industrialist she settled in Dundee opening a practice in Airlie Place (now the University of Dundee faculty of nursing).

She practiced general medicine but specifically used the remedies of Schüssler in her successful treatments.

Excerpts from her notes on patient care will be included in future *Schüssler Express* publications for the interest of practitioners.

## Biochemic Tip No.5

### A treatment for varicose veins

The primary biochemic remedy for varicose veins is **No.1 Calcium fluoride 12X**. It strengthens the tissues, also prevents their induration and counteracts atony and dilation of the veins. Apart from this two other Schüssler salts are of importance: **No.9 Sodium phosphate 6X** activates metabolism and assists in the acid alkaline balance control. Furthermore it brings relief to the burning pains that occasionally are related to varicose veins. **No.11 Silica** is the main remedy for the connective tissue, it provides strength and structure. In a tried and tested treatment for varicose veins these three remedies are administered over several weeks following a certain rhythm:

- Monday No. 1 Calcium fluoride
- Tuesday No. 11 Silica
- Wednesday No. 9 Sodium phosphate
- Thursday No. 1 Calcium fluoride
- Friday No. 11 Silica
- Saturday No. 1 Calcium fluoride
- Sunday No. 9 Sodium phosphate

**Administration:** TWO tablets three times a day, ½ hour before meals. *Peter Emmrich*

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