

Schüssler Express

#28



Biochemistry – Homoeopathy

In his book *'The Circle of Life'*, Jacob Moleschott (1822-1893), tells us,

"The structure of the organs and their ability to live depends on the necessary quantities of inorganic components.

"And in this it is based, that the acknowledgement of comparison between inorganic substances and single body parts, of which we have become aware during recent years, promises an excellent future for agriculture and medicine – an acknowledgement that can neither be arrogantly rejected nor effusively anticipated.

"The human being has been 'fathered' from the air and the earth. The activity of the plants made him come to life. The corpse decomposes into air and ash, in order to unfold new powers through new forms in the kingdom of plants."

Those words induced me to found a Biochemic Therapy...

Those who hear of small doses, normally think of Homoeopathy straight away. However, my healing method is not homoeopathic because it is not based on the principle of similarity. Instead it is based on the physiologic-chemical processes which take place in the human body. My healing method directly balances

disorders, which were caused with the movement of the molecules of inorganic substances of the human organism, with the assistance of homogenous substances.

The principle, according to which a remedy is chosen, determines its character. A remedy, chosen according to the principle of similarity, is a Homoeopathic remedy. However, a remedy which is homogenous to the minerals of the organism, and whose use is based on the physiological chemistry, is a Biochemic remedy. A homoeopath who uses Silica unconsciously practises biochemistry. Silica is unable to cause any symptoms in healthy people, for which it might be used in diseases according to the principle of similarity. Homoeopaths choose Silica because of its empirically gained healing symptoms. And they practice exactly in the same manner with regards to the other minerals.

*Dr med Wilhelm Heinrich Schüssler
Oldenburg 1874*



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Treatment of Veins with Schüssler-Salts – Tablets and Creams

Successful treatment plan for veins:

- **Mornings:** **No. 11 Silica 12X**
Three to four times, 1 – 2 tablets
- **Afternoons:** **No. 1 Calcium fluoride 12X**
Three to four times, 1 – 2 tablets
- **Evenings:**
No. 21 Zincum chloratum 6X – 2 tablets
- **In the mornings:**
Calcium fluoride 4X cream – Apply sparsely
- **In the evenings:**
Silica 4X cream – Apply sparsely
- **Exercises:**
Cycling, walking and Foot exercises

Günther H. Heepen
WzG JAN / FEB 2014

Biochemistry for more Vitality and Spirit

Correctly applied, biochemistry provides more drive and vigour at any age, because it gives strength. Here are some recommendations how the minerals may assist:

No. 1 Calcium fluoride 12X – the *Softener* and *Hardener*. It is vital for elasticity of blood vessels and organs as well as for haemostasis; the bio-salt for connective tissue, joints and skin. No. 1 Calcium fluoride 12X is conducive to better overcome the hardships of life.

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No. 3 Ferrum phosphate 12X – the *Immuniser* – essential for the enhancement of physical and emotional defences, abatement of colds and inflammations, promotion of oxygen intake. Ferrum phosphate transports sufficient oxygen into the cells and thus stokes the inner bio-fire.

No. 5 Potassium phosphate 6X – the important *Nerve remedy* for the psyche. No. 5 enables us to cope with crises and depressing experiences or situations much easier and to become more courageous, more reliable in alternating circumstances of life.

No. 7 Magnesium phosphate 6X – the biochemic *Universal remedy* for the cell import initiation, cramps and pain, relaxation and a healthy sleep. Without this biochemic remedy little can be achieved. Only with Magnesium phosphate do the cells become more receptive, as they are loosened. No. 7 is a possible exception as it should be administered every night in form of a “Hot Seven”.

No. 9 Sodium phosphate 6X – has a positive influence on the metabolism which, in a time of fast food and denaturalised foods, is urgently required.

Administration: If healthy, take one tablet each day for a month in the sequence of the minerals mentioned (i.e. month one Calcium fluoride – month two Ferrum phosphate and so forth). In case of fatigue and lack of vital energy take two tablets morning and night – and every night ten tablets of No. 7 Magnesium phosphate 6X as “Hot Seven” (dissolved in hot water). *Generally, tablets should be dissolved in the mouth.*

Peter H. Martens
WzG JAN / FEB 2014

