

Schüssler Express

#43



MEDDYGON MYDDFAI

14th Century Herbal Secrets to defeat “SUPERBUGS”

An ancient manuscript and a Scottish island could well hold the secret to defeating superbugs – those now resistant to antibiotics.

Many strains of lethal bacteria are becoming immune to modern antibiotics, as a result of over-prescription and in some cases lack of control in their use and availability – which experts are warning could be catastrophic for human health.

Researchers on the isle of Arran gathered wild plants that featured in the Meddygon Myddfai, a fourteenth century compendium written by Welsh herbalists, and found that around 80 per cent lived up to the 700 year old claims over their ability to fight off microbes.

Two extracts, in particular Sabinene, extracted from juniper berries, and Allinin, from Garlic were found effective against E.coli and Staphylococcus Aureus, which are both becoming resistant to modern drugs.

Allinin, one of the active principles of freshly crushed garlic homogenates, has a variety of antimicrobial activities. Allinin in its pure form was found to exhibit

- Antibacterial activity against a wide range of Gram-negative and Gram-positive bacteria, including multidrug-resistant enterotoxigenic strains of Escherichia coli
- Antifungal activity, particularly against Candida albicans

- Anti-parasitic activity, including some major human intestinal protozoan parasites such as Entamoeba histolytica and Giardia lamblia
- Antiviral activity. The main antimicrobial effect is due to its chemical reaction with thiol groups of various enzymes, e.g. alcohol dehydrogenase, thioredoxin reductase, and RNA polymerase, which can affect essentially the metabolism of cysteine proteinase activity involved in the virulence of E. histolytica.

A leading expert – Hugh Pennington – emeritus professor of bacteriology at Aberdeen University said, “This approach makes sense, after all penicillin was isolated from a natural growing thing.”

The study which was carried out in collaboration with the Scottish School of Herbal Medicine on Arran and the North Carolina University looked at over 80 remedies passed down through generations of herbalists from the Carmarthenshire village of Myddfai.

The findings published in the Journal of Ethnopharmacology states, “Our study demonstrated that most of the Myddfai medicinal plants, indicated for treating diseases, recognisable as microbial infections, showed an antibacterial effect.” Needless to say these results have encouraged further investigation to extract and identify the active chemical compounds responsible for the antibacterial effects.

Institute of Biochemic Medicine (UK)

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press, but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au

www.biochemie-online.org

© Copyright



Schüssler Express

#43



FROM THE PRACTICE

23/3/17 A 62 year old man presented in the surgery with a dilated aorta, which is being watched and waiting on surgery. Further ailments: chronic leukaemia for 5-6 years (no treatment), hypertension, Type II diabetes (controlled with medication), some reflux, and terrible stomach upsets with diarrhoea, undigested foods; anxiety, poor sleep.

Facial signs and tongue were showing mineral deficiency of: #1, 2, 4, 5, 6, 8, 9, and 10. Where to start!!!

He received a Bowen treatment and ear candling. The following **biochemic treatment** was prescribed: 'Sulphate-Cure' - #12, 10 and 6 (before meals); dandelion tea. After meals: 1 tablet of each of #2, 5 and 7 and before sleep #7 as "Hot 7". For waking during the night, not being able to sleep he was advised to take 1x #7 (mental chatter) – 1x #5 any extra times of anxiety – if really acute 1x #5 every 15 minutes.

A month later, and after completing the course of minerals the results:

- Face so much clearer, lost 15 kg, sleep still not the greatest, but getting better; walking, working. Calm, no anxiety.
- Oncology white cell count blood test – normal!
- Had cardiac tests – waiting on results, but cardiologist said heart looking much better – possibility of having an aortic graft – just have to wait and see.
- Diabetes down to a regular level of 4.3 – 4.4.
- Stomach upsets and diarrhoea gone, but better clearing out of the bowel.

AND...He is extremely Happy!

Now wanting to improve and increase immunity with winter coming on (Australia), and the possibility of having the aortic graft, he was advised to take 2 tablets each of #3 and #4 on waking, the sulphate-cure was repeated, and 1 tablet each of #2 and #7 after meals and the 'Hot 7' before sleep.

Disclaimer – Every effort has been taken to ensure that the information provided complies with current Institute practices and knowledge at the time of going to press, but should not be considered as a replacement for competent medical advice. The reader retains responsibility for whatever actions they may or may not take. The author and publisher do not assume liability for possible damage or injury resulting from the practical advice offered in the publication.

The Institute of Biochemic Medicine (Asia Pacific) is a branch of the German Association of Biochemistry, founded at Oldenburg (Germany) in 1885

www.biochemic-remedies.com.au
www.biochemie-online.org

© Copyright

STRESSFUL DAY –

Want to wake up refreshed?

Of course the use of 5 Magnesium phosphate tablets taken together with 2 Calcium phosphate tablets half an hour before sleep – (either dissolved in the oral cavity or as "Hot 7") is well known to assist in muscle relaxation and subsequently the promotion of sleep. However if the day has been really stressful, before turning out the light give your feet a gentle massage, or ask your loved one to do it for you, using No. 5 Potassium phosphate Cream.

You don't need qualifications in reflexology to create a deeply 'grounding' sensation, which not only helps relieve some of the mental tension from the day, but as potassium phosphate is synergistic with magnesium phosphate, it will help to promote a more restful, stress free sleep.

*Institute of Biochemic Medicine
(Asia – Pacific)*

BREATHE FREELY

The combination of Tissue Salts **No. 2 Calcium phosphate 6X, No. 8 Sodium chloride 6X and No. 24 Arsenum jodatum 6X** supports the protein metabolism and the mucous membranes, as well as the immune system, when something is thriving, e.g. time of pollination.

- No. 2 Calcium phosphate 6X – 2 tablets 3 times daily (before meals)
- No. 8 Sodium chloride 6X – 2 tablets 3 times daily (after meals)
- No. 24 Arsenum jodatum – 1 tablet 3 times daily

